# THE CYPRESS CONNECTION



**MAY 2024** 

2605 Arugula Dr., North Port, FL 34289 | ph: 941-426-9090



My Aunt Pam's House
Dog boarding, long or short
941-625-0853

No kenneling, no aggressive dogs

Completely fenced with room to roam

Squirrels, butterflies, lizards, tennis balls

Shade tree grove, splash pond with waterfall

Doggy door to/from house

Truly unique—references

See pics/videos on Facebook

**Search: Pam Comstock** 

Or bring your social dog for a visit

My Aunt Pam's House 941-625-0853







### **MATTERS**

# Meet your Social Team



#### Doreen Freeman

My husband, Mark, our dog, Luca, and I reside on Arugula Drive at the intersection with Valerian. We have lived here full-time for over six years. I have been a dance teacher for forty years, owning and operating Doreen's Dance Center in Connecticut. I was the choreographer for our town's community theater productions. I now teach line dance classes at Cypress Falls. My interests lie in arts and entertainment, especially music concerts and theater. In my retirement I enjoy cooking, reading, and attending many of the Cypress Falls social events. I am looking forward to to working with the other members of the social committee, under the leadership of our Lifestyle Director, Zuleika Vazquez.

#### Miriam Mendoza

My name is Miriam Mendoza. I have been a Cypress Fall resident for 18 years. This is my first time being in the Social Committee and is a great honor. My husband, Luis Mendoza was a member of the CFSC previously. I have always supported the Social Committee as well! I am a Puertorriquena from Long Island, New York. I am a mother of two children and a grandmom of seven. I travel back and forth on short trips to be with my family. I was a K-12 grade teacher and taught for forty-five years. I specialized in literacy, remedial reading, and writing. I worked for Sarasota Schools District for fourteen years. I am a collaborator with an incredibly positive mind set. I listen to ideas, and I am willing to work beyond my comfort zone. I genuinely think our members this year are dynamic, creative, experienced, and flexible. Just like our previous CFSC members have been. The past committees provided creative venues and modeled ideas to consider and possibilities beyond that.





#### Pam Bollman

My name is Pam Bollman and have been on the Social Team for two years. My husband, Jack ,and I have been living in the Garden Villas for 5 1/2 years. We gave up the big house in Port Charlotte to Live a more social area and less upkeep. We enjoy living in Cypress Falls for the amenities and activities. There are so many great people who are also residents here in Cypress Falls.

#### Rita Dower

Hi, I'm Rita Dower. I have been a resident since Nov. 2022 and live on Hyssop Loop. I am married with 3 sons and 2 granddaughters. I'm our resident Zumba Instructor and also teach a Seated Dance Class. Gardening, Zumba and being a part of the Social Team is what I enjoy. As a member of the Social Team, I plan to bring new ideas and your suggestions to our team and Director.





#### Shari Eisenfeld

My name is Shari Eisenfeld and I have lived in Cypress Falls for 2 years. I love meeting new people and enjoy the great themed events and pool parties. I have been married for 37 years and have 2 sons who still live in our hometown of Pittsburgh PA. I'm looking forward to meeting you at our Social events!

## Sharon Whiting

My husband Jimmy and I retired to Florida from Ohio ten years ago. We have lived in Cypress Falls for a little over a year and look forward to making Cypress Falls our forever home. I am beyond excited for another year on the Social Team and working with other team members with the goal of creating fun and happy memories for our neighbors and friends.





#### Steve Schneck

Hello Cypress Falls residents, my name is Steve Schneck and I am excited to be a member of the Social Committee for the upcoming year. I was a high school teacher in New Jersey and moved to Florida from Bucks County Pennsylvania. My husband Robert and I have resided on Daisy Drive for four years. We both are active with pickleball, bocce, water volleyball and many other social activities. I am looking forward to working with an energetic team to continue with organizing wonderful events that are offered to all residents in Cypress Falls. As a social committee, we will strive to make our community events inclusive of all residents and offer activities that are fun and memorable. Here's to a year filled with new and old friendships, while making lasting memories forever.



#### **EVENTS AT CYPRESS FALLS**

#### **CINCO DE MAYO FESTIVAL**

DATE: Wednesday, May 1st TIME: 4:00pm-6:00pm WHERE: Social Hall COST: \$15.00



It's Cinco de Mayo and we're ready to get the fiesta started early! Let's Taco 'bout Food! Choose from beef tacos or cheese quesadillas! Cluten Free and Vegan Options will also be available. Whether it be bean dip, queso or guacamole, come show off your dip skills and participate in the Dip Contest, a Dip Off if you will! For an extra \$5.00, add a Margarita Cup with unlimited margarita mix refills. Just bring the tequila!

#### A DAY AT THE RACES

DATE: Saturday, May 4th TIME: 4:00pm-7:00pm WHERE: Social Hall COST: \$15.00



It's Race Day! Join your neighbors on Saturday, May 4th, 4pm-7pm for a fun day of Games, Food and Fun! We'll have the Kentucky Derby Race streaming live, a Mint Julep Bar (Bourbon not included), Prizes for the Best male and female Kentucky Derby Outfits and Derby Cames! Don't forget your small bills.

#### THE AMBITIONS AT THE POOL

DATE: Sunday, May 5th TIME: 2:00pm-5:00pm

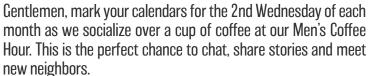
The Ambitions, featuring our very own Cypress A Falls Residents, are ready to make their musical debut! Come check them out and play some volleyball!

#### **MEN'S COFFEE HOUR**

DATE: Wednesday, May 8th

TIME: 9:00am

WHERE: Internet Café



#### THIRSTY THURSDAY

DATE: Thursday, May 9th TIME: 4:00pm-7:00pm WHERE: Internet Café



Mark your calendars for a delightful evening of mingling with friends and neighbors. Bring your favorite beverages, be it soda, water, tea, spirits, or beer, and feel free to share a snack as well. This is the perfect opportunity to unwind, play some neighborly games, and enjoy a wonderful time together in a relaxed setting.

#### **COSTCO MEMBERSHIP DRIVE**

DATE: Friday, May 10th TIME: 9:00am-1:00pm WHERE: Internet Café



Costco team members will be onsite offering discounts on NEW memberships (or expired 18 months or more).

The membership prices are \$60.00 for the Basic and \$120.00 for the Executive

#### **BINGO WITH EMILIE**

DATE: Friday, May 10th

TIME: 6:30pm WHERE: Social Hall

COST: \$5



May Bingo is "Coodbye Snowbirds" bingo games with Emilie. Snowbirds, come bid your farewell to our players and their visiting friends and family. No one under 18 will be permitted in the Social Hall during the games.

#### **MOTHER'S DAY CONCERT**

DATE: Saturday, May 11th TIME: 6:30pm-8:00pm WHERE: Social Hall

COST: \$10.00



The Jackson Duo, a family band, will be bringing to Cypress Falls a heartfelt musical event dedicated to our mothers. The Family Band Jackson is a dynamic husband and wife music team that covers a variety of styles from country to classic rock to pop.

#### "WISH I WAS THERE" POTLUCK

DATE: Wednesday, May 15th TIME: 4:00pm-6:00pm WHERE: Front Social Hall



Bring an item that reminds you of your vacation spot. This can include an appetizer, entree, or drink. We will also have live entertainment by local artist Cady Price. Also attending will be Cruise Planners, who specialize in planning unforgettable vacations tailored just for you. Whether it's a cruise, an allinclusive resort, or a

guided tour, their expert services save you both time and money, allowing you to enjoy a seamless travel experience without the stress of handling the details yourself.

#### **LADIES LUNCHEON**

DATE: Thursday, May 16th

TIME: 11:30am

WHERE: The Banvan House

(19725 Wellen Pk Blvd. North Port. FL 34293)



continued on page 6

""Enjoy citruswood-fired steaks, seafood, and pasta, plus creative chef-driven small plates while surrounded by beautiful scenic views."."

#### **MONDAY MATINEE MOVIE**

DATE: Monday, May 20th

TIME: 2:00pm WHERE: Social Hall FEATURE FILM: Notorious



"In order to help bring Nazis to justice, U.S. government agent T.R. Devlin (Cary Grant) recruits Alicia Huberman (Ingrid Bergman), the American daughter of a convicted German war criminal, as a spy. As they begin to fall for one another, Alicia is instructed to win the affections of Alexander Sebastian (Claude Rains), a Nazi hiding out in Brazil. When Sebastian becomes serious about his relationship with Alicia, the stakes get higher, and Devlin must watch her slip further undercover."

#### **WALKING MEDITATION WITH ANNE**

DATE: Tuesday, May 21st

TIME: 6:30pm

WHERE: Clubhouse Parking Lot

May 21st is World Meditation Day, and our very own Anne Pisano is guiding us through it! A good, guided meditation can create strong sensations of warmth, light, and vibration in your body. If you're able to go along with the visualization that the instructor is describing, your head or heart might feel bursting with light and energy. You might also feel tingling throughout your body or in specific spots.

#### **WELLNESS FAIR**

DATE: Wednesday, May 22nd TIME: 2:00pm-4:00pm WHERE: Social Hall



Discover the best of local wellness at our Wellness Fair! Refreshments will be provided by Freedom Health.

Some of the Vendors attending are: United Access, Golden Girls Solutions, Deana Cotter, Bemer Group, McKenney Home Care, OneBlood, Meals on Wheels, Soothing Hands Mobile Massage Therapy, AllCare Complete, Visiting Angels & Tidewell Hospice.

#### **BBQ COOKOUT & POOL PARTY**

WITH JOE FETERRER DATE: Friday, May 24th TIME: 2:00pm-5:00pm



Local Artist Joe Feterrer is back to join us for a Pool Party. We'll be kicking off Memorial Weekend with a BBQ Cookout.

\$3.00 Hot Dog \$5.00 Hamburger

Add Chips and a Drink for \$2.00

#### **SIP & PAINT BY NUMBERS**

DATE: Thursday, May 30th

TIME: 4:00pm WHERE: Social Hall

Everyone is an artist when painting by numbers!

Join your neighbors and friends for a paint and sip party. We'll provide the painting materials; you bring your drink of choice.

#### **UPCOMING EVENTS!**

#### **10 WARNING SIGNS OF ALZHEIMER'S**

DATE: Wednesday, June 5th

TIME: 1:00pm WHERE: Social Hall

#### PAINTING CLASS WITH GULF COAST EXPRESSIVE ARTS

DATE: Tuesday, June 11th TIME: 1:30pm-3:30pm

#### **CAREGIVING FOR ALZHEIMER'S WORKSHOP**

DATE: Wednesdays, June 12th to July 17th

WHERE: Social Hall

#### **ONEBLOOD BLOOD DRIVE**

DATE: Thursday, June 13th TIME: 10:00am-3:00pm

## SUMMER SUNDAY SERIES, PRESENTING: MICHELLE COLE

DATE: Sunday, June 16th TIME: 6:30pm-8:30pm

#### **SUMMER SOLSTICE PARTY**

DATE: Thursday, June 20th WHERE: Pool & Internet Café

## MONDAY MATINEE MOVIE, PRESENTING: SHOTGUN WEDDING

**DATE: Monday, June 24th** 

TIME: 2:00pm

#### **SUMMER CRAFT SERIES**

DATE: Friday, June 28th TIME: 10:00am-12:00pm WHERE: Craft Room

#### **HAPPY HOUR WITH ROD & FRIENDS**

DATE: Friday, June 28th TIME: 3:00pm-5:00pm WHERE: Social Hall











# WEEKLY ACTIVITIES

FRIDAY	SATURDAY
3:00 AM Pickleball	8:00 AM Pickleball
9:00 AM Walk Aerobics	8:00 AM Tennis
9:00 AM Water Aerobics	9:00 AM Bocce
L0:00 AM Pickleball	9:00 AM Walk Aerobics
10:30 AM Women's 3ible Study	10:00 AM Pickleball
12:00 PM Tai Chi	4:00 PM Evening Pickleball
L:00 PM Creative Endeavors	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY
8:00 AM Pickleball	8:00 AM Pickleball	7:50 AM Yoga	9:00 AM Cornhole Club
10:00 AM Pickleball	9:00 AM Walk Aerobics	8:00 AM Tennis	8:00 AM Pickleball
1:00 PM Water Volleyball	9:00 AM Water Aerobics	9:00 AM Crazy Quilters	9:00 AM Walk Aerobics
4:00 PM Evening Pickleball	10:00 AM Pickleball	9:00 AM Horseshoes	9:00 AM Water Aerobics
6:30 PM Billiards	10:00 AM Beginner's Yoga	9:00 AM Round Robin	10:00 AM Cornhole Club
	11:00 AM Zumba	9:00 AM Walk Aerobics	10:00 AM Fitness with Dan
	11:30 AM Bowling	10:00 AM Beginner Pickleball	12:00 PM Tai Chi
	12:00 PM Tai Chi	10:00 AM Cardio Drumming	12:30 PM Backgammon
	1:00 PM Genealogy	11:00 AM Coed Bible Study	1:00 PM Bridge
	1:00 PM Bridge	12:00 PM Tai Chi	1:00 PM Mexican Train
	1:00 PM Card Making	1:00 PM Men's Bocce	2:00 PM Fiber at the Falls
	1:00 PM Mahjongg	1:00 PM Samba	2:00 PM Billiards
	4:00 PM Evening Pickleball	5:00 PM Evening Pickleball	4:00 PM Evening Pickleball
	6:00 PM Double Pinochle	6:00 PM Bridge	6:30 PM Mahjongg
	6:30 PM Yoga	6:30 PM Billiards	
		6:30 PM Mexican Train	

6:30 PM Men's Billiards

1:00 PM Mahjongg

5:00 PM Evening Pickleball

6:30 PM Euchre

1:00 PM Crafters

1:00 PM Bocce

6:30 PM Men's Billiards

1:00 PM Mahjongg

12:00 PM Tai Chi

10:00 AM Seated Dance Class

9:00 AM Walk Aerobics

8:00 AM Tennis

10:00 AM Beginner Pickleball

8:00 AM Men's Bible Study

7:45 AM Men's Golf

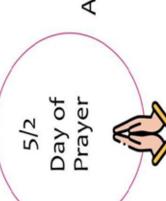
7:50 AM Yoga

THURSDAY

4:00 PM Evening Pickleball

Road Trip 5/24 Day

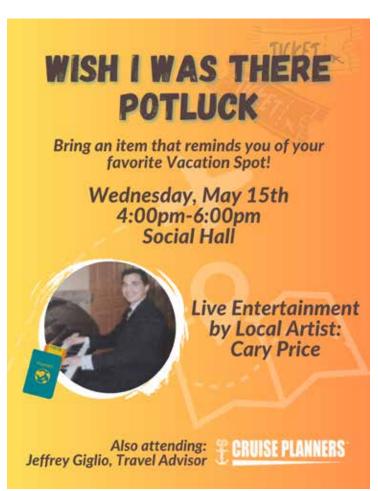
Senior Health & Fitness 5/29 Day



Appreciation Day Teacher 5/7

# May 202

SATURDAY	4:00pm-7:00pm A Day at the Races	6:30pm-8:00pm Mother's Day Concert	18	25	
FRIDAY	б	9:00am-1:00pm Costco Membership Drive - 6:30pm	17	2:00pm-5:00pm BBQ Cookout & Pool Party w/ Joe Feterrer	31
THURSDAY	2	9 4:00pm-7:00pm Thirsty Thursday	11:30am Ladies Luncheon: The Banyan House	23	30 4:00pm Sip & Paint by Numbers
WEDNESDAY	1 12:00pm-1:00pm Fresh Catch Fish Co. 4:00pm-6:00pm Cinco de Mayo Festival	9:00am Men's Coffee Hour - 12:00pm-1:00pm Fresh Catch Fish Co.	12:00pm-1:00pm Fresh Catch Fish Co. 4:00pm-6:00pm "Wish I was there Pot Luck" with Music by Cady Price	12:00pm-1:00pm Fresh Catch Fish Co. 2:00pm-4:00pm Wellness Fair	12:00pm-1:00pm Fresh Catch Fish Co.
TUESDAY			14	6:30pm Walking Meditation with Anne	28
MONDAY		g	13	2:00pm Monday Matinee: Notorious	PREMORIAL  DAY  Office Closed
SUNDAY		2:00pm-5:00pm The Ambitions at the Pool	Happy Markery	19	26

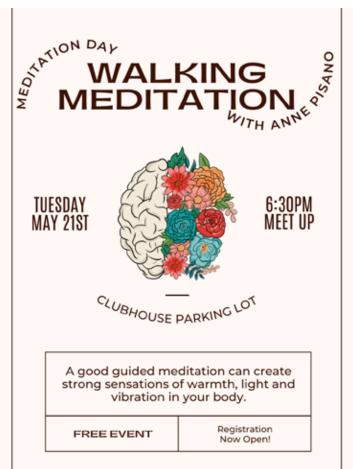














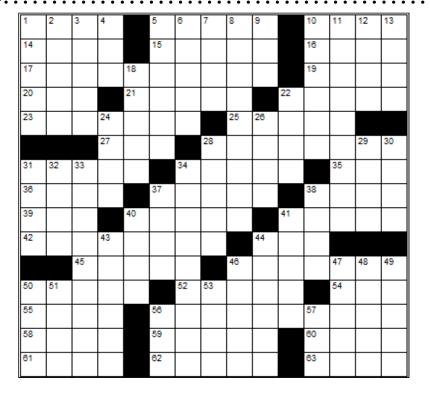




# May Crossword

#### **ACROSS**

- 1. Letters and postcards
- 5. Elbowroom
- 10. Toot
- 14. Coastal raptor
- 15. Lone Star state
- 16. Spindle
- 17. Affection
- 19. Bridge
- 20. East northeast
- 21. Dispatches
- 22. Colossal
- 23. Think likely
- 25. Occurrence
- 27. A rotating disk
- 28. Earaches
- 31. Noble realm
- 34. Cigarette remains
- 35. Avenue (abbrev.)
- 36. Black-and-white cookie
- 37. Distributes
- 38. Put away
- 39. Petroleum
- 40. Roof overhangs
- 41. Scenes
- 42. Avoid responsibilities
- 44. Bowling target
- 45. Not over
- 46. LA baseball team
- 50. Chimes
- 52. Eagle's home
- 54. Grassland
- 55. Largest continent
- 56. Soil and plant sciences
- 58. Against
- 59. Had in mind
- 60. Decorative case
- 61. Sow
- 62. Donkeys
- 63. Anagram of "Rent"



often

- 1. Doled
- 2. Sporting venue
- 3. Not outer
- 4. Light Emitting Diode
- 5. Brook
- 6. One cent coin
- 7. Cut down
- 8. Magnetic tape containers
- 9. S
- 10. Establishing
- 11. Elaborate
- 12. Distinctive flair
- 13. Confined

#### **DOWN**

- 18. English exam finale, 40. Terminates
- 22. Colloids
- 24. Bounce back
- 26. Tanks
- 28. Not inner
- 29. Affirm
- 30. Stitches
- 31. Ruination
- 32. Murres
- 33. Lumpy deposits of
- body fat
- 34. Drinks
- 37. A magician
- 38. Croon

- 41. Not audio
- 43. Decorated
- 44. Sharp ends
- 46. Pilotless plane
- 47. Gentry
- 48. Happen again
- 49. Antelope of India
- 50. Bleats
- 51. Anagram of "Seen"
- 53. Ages
- 56. American Medical
- Association
- 57. Encountered



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#### Cypress Falls Clubs & Groups Schedule & Contact

**Backgammon Club** 

Wednesdays, 12:30pm Internet Café Mark Freeman mark.ellis.freeman@gmail.com

Sun, Tues, Thurs & Fri, 6:30pm Jim Matthews jimpatoh@outlook.com Wednesdays, 6:30pm Steve Mulroy stevemulroy0615@gmail.com

Saturdays 9:00am Walt Jamroga tplanter1@yahoo.com Joann Hulet sjoanhulet@hotmail.com

**Book Club** 

2<sup>nd</sup> Tuesday of the month 10:00am, Social Hall Joyce Loncarevic sjloncari@aol.com

**Bowling** Mondays, 11:30am Treasure Lanes \$12 for 3 games \$2 for shoes, if needed Saturdays, 12:000pm Bowland David Miller

2<sup>nd</sup> Friday of the Month 6:30pm, Social Hall *Emilie Kawas* efkawas@yahoo.com

**Bridge** Mondays, 1:00pm, Social Hall Liz Cosentino Tuesdays, 6:00pm Social Hall Wednesdays, 1:00pm, Social Hall Emilie Kawas efkawas@yahoo.com

Bunco

1st Thursday of the Month 1:00pm, Internet Café Jackie Lodge rjlodge@comcast.net

**Candlelight Yoga** 

Monday 6:30pm, Front Social Hall Emilie Kawas efkwas@yahoo.com

**Card Making Mondays** Mondays, 1:00pm, Craft Room JeanneDee Jeanne1md@gmail.com Maureen Rosenbaum mored1017@aol.com

Cardio Drumming w/ Anne

1st, 3rd & 4th Tuesday, 10:00am, Front Social Hall Anne Pisano Pisanoda@aol.com

Chess

Saturdays, 12:00pm Back Right Social Hall

**Co-ed Bible Study** 

Tuesdays, 11:00am Back Left Social

Rev. Jim Scafidi jimscafidi@yahoo.com

Tim Swanson Tlswanson911@gmail.com Tim Bucy, timbucy@yahoo.com Judith Whitaker jude33@mac.com

Cornhole

Wednesday 9:00 am & 10:00am Sue Betrus smbetrus@hotmail.com

Thursdays, 1:00pm, Craft Room Florence Vincenti Favincent813@gmail.com

**Crazy Quilters** Tuesday 8:00am-3:00pm *Gail Hoover 469-288-9479* Gailhoover07@outlook.com

**Creative Endeavors** 

Fridays 1:00pm-3:00pm Linda Sjogren lsjog324@aol.com Liza Drasutis eadrasutis@hotmail.com

Thursday 6:30pm, Back Left Social Hall Fred Berger 941-408-6631

**Exercise with Dan** 

Will resume May 27th.

Horseshoes

Will resume in January.

**Line Dancing** 

Intro Level -Mondays, 4:00pm-5:00pm, Front Social Hall Intermediate Level -Thursdays 6:30PM-7:30PM, Front Social Hall Doreen Freeman Doreen.freeman.fl@gmail.com

Mah Jongg Back Left Social Hall Mondays, 1:00pm (Competitive) Carol Watt wattcarol72@gmail.com Wednesdays, 6:30pm Dolores Rydzewski doloresrydzewski@yahoo.com Thursdays, 1:00pm (Competitive) Carol Watt wattcarol72@gmail.com
Fridays, 10:00am-12:00pm (Beginners)
Sue Betrus smbetrus@hotmail.com Fridays, 1:00pm (American) Sue Betrus smbetrus@hotmail.com

Men's Bocce

Tuesday 1:00pm No sign up required. Bob Vincenti Ravfav73@gmail.com

Men's Golf League Fridays – Capri Isles – 11:26AM Fees: \$65 plus tax David Miller Davidsmiller51@gmail.com

Men's Bible Study

Thursdays, 8:00am, Library Walt Jamroga tplanter@yahoo.com **Mexican Train** 

Tuesdays, 6:30pm, Front Social Hall Bill & Mary Lou March Wimpy71@comcast.com Wednesdays, 1:00pm Rita Dower rdower@mail.com

**Pickleball** 

Daily, 8:00am Tuesday & Thursday, 5:00pm-7:00pm Beginners: Tuesday & Thursday, 10:00am Vicki Delabar vickidhb52@gmail.com

**Double Pinochle** 

Mondays, 6:00pm, Back Right Social Pat Diver patdiver@comcast.net

Relay for Life Team Randy Davis davisrb11@yahoo.com

Samba

Tuesdays, 1:00pm-3:30pm Carolyn Zych Zychscg57@yahoo.com Joan Hulet sjoanhulet@hotmail.com

**Seated Dance Class** 

Thursdays, 10:00am, Social Hall \$5/person Rita Dower rdower@mail.com

Monday-Friday, 12:00pm Front Social Hall

**Tennis** 

Tuesday, Thursday, Saturday, 8:00am Phyllis Horgos emhorgos@hotmail.com

**Walk Aerobics** 

Monday-Saturday 9:00 am-10:00 am, Social Hall Emilie Kawas efkawas@yahoo.com Helen Lee Helenlee29@yahoo.com Nancy Meaker njmeaker@prodigy.net

Water Aerobics

Monday, Wednesday, Friday 9:00am Randy Davis davisrb11@gmail.com Bev Hemstreet Bev.hemstreet@gmail.com

Water Volleyball

Sundays, 1:00pm-4:00pm Jimmy Overton Jimmyoveryon15@gmail.com

Women's Bible Study

Fridays, 10:30am, Social Hall Susan Coleman Beautyforashes52@gmail.com

Yoga w/Anne

Mondays, 10:00am, Tuesdays & Thursdays, 7:50am, Front Social Hall Anne Pisano Pisanoda@aol.com

Zumba

Mondays, 11:00am, Front Social Hall \$5/person Rita Dower rdower@mail.com

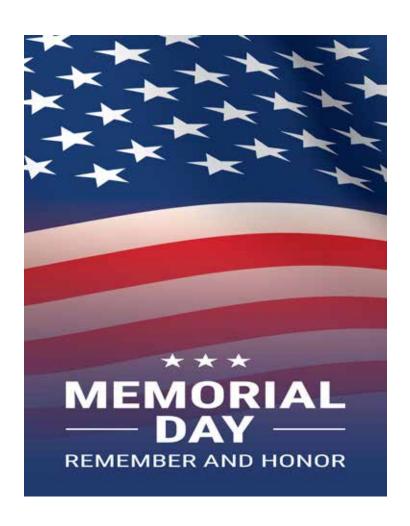
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	2	3	4	5 10 Warning Signs of Alzheimer's Seminar	6	7	8
	9	10	11 1:30pm-3:30p m Painting Class	12 9:00am Men's Coffee Hour Alzheimer's Caregiving Workshop	13 10:00am-3:0 0pm OneBlood 4:00pm-7:00 pm Thirsty Thursday	14 6:30pm Bingo	15
	Summer Sunday Series with Michelle Cole	17	18	19 Office Closed Alzheimer's Caregiving Workshop	20 11:30am Ladies Luncheon 6:30pm-8:30 pm Summer Solstice Party	21	22
	23	24 2:00pm Monday Matinee: Shotgun Wedding	25	26 Alzheimer's Caregiving Workshop	27	28 10:00am Summer Craft Series 3:00pm-5:00 pm Happy Hour with Rod & Friends	29
	7.0						

30 Summer Sunday Series with DJ Henry

14

# THIS CALENDAR IS SUBJECT TO CHANGE









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Catherine cell: 941-237-6792 Tom cell: 727-226-2992 Anderson/Farese Team



Why trust anyone else?
Save yourself time AND money,
and call us today!

Remember, referrals are my biggest compliment!